



Ver.3

July Gym Calendar

Weekday Gym Hours

Monday-Friday:

Monday & Wednesday
Open Gym Basketball: 6:30-8pm
(Starting 7/22)

Tuesday & Thursday
Lunch Hr Basketball: 12pm-2pm

Monday, Wednesday, Friday
Toddler Club: 10am-1pm

Weekend Gym Hours

Saturday - Sunday

Saturday:
Open Gym 8pm 1pm-

Sunday:
Open Gym 4pm 1pm-
Open Gym Volleyball 4pm-7pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 6:30 – 7:30 HIIT Marisa 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 12:10-1:00- Noon Fit 6:00-7:30- Whole Health	2 6:30-7:30 Core and More Marisa 8:30-9:30- REV+FLOW	3 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 12:10-1:00- Noon Fit 6:00-7:30- Whole Health	4 Happy 4th of July!!! (Gym closes at 7:00pm) 6:30 – 7:30 Mountain Mobility Marisa	5 6:30 – 7:30 HIIT Marisa 10:00-1:00 Toddler Gym\Tot Club 3:30 – 6:30 Taekwondo	6
7	8 6:30 – 7:30 HIIT Marisa 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 6:00-7:30- Whole Health	9 6:30-7:30 Core and More Marisa 8:30-9:30- REV+FLOW 5:00-6:00 Youth Basketball	10 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 6:00-7:30- Whole Health	11 6:30 – 7:30 Mountain Mobility Marisa 8:30-9:30- REV+FLOW 5:00-6:00 Youth Basketball	12 6:30 – 7:30 HIIT Marisa 10:00-1:00 Toddler Gym\Tot Club 3:30 – 6:30 Taekwondo	13
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