



September Gym Calendar

Ver 3

Weekday Gym Hours

Monday-Friday:

Tuesday & Thursday
Lunch Hr Basketball: 12pm-2pm

Monday, Wednesday, Friday
Toddler Club: 10am-1pm

Weekend Gym Hours

Saturday - Sunday

Saturday:
Open Gym 1pm-8pm

Sunday:
Open Gym 1pm-4pm
Open Gym Volleyball 4pm-7pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 6:30 – 7:30 HIIT Marisa 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 6:00-7:30- Whole Health	3 6:30-7:30 Core and More Marisa 8:30-9:30- REV+FLOW	4 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 6:00-7:30- Whole Health	5 6:30 – 7:30 Mountain Mobility Marisa 8:30-9:30- REV+FLOW	6 6:30 – 7:30 HIIT Marisa 10:00-1:00 Toddler Gym\Tot Club 3:30 – 6:30 Taekwondo	7 Cinema Saturdays: 5-8pm
8	9 6:30 – 7:30 HIIT Marisa 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 6:00-7:30- Whole Health	10 6:30-7:30 Core and More Marisa 8:30-9:30- REV+FLOW 4:15-6:00 Youth Basketball	11 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 3:30-6:30 Archery 6:30-7:30- Whole Health	12 6:30 – 7:30 Mountain Mobility Marisa 8:30-9:30- REV+FLOW 4:15-6:00 Youth Basketball	13 6:30 – 7:30 HIIT Marisa 10:00-1:00 Toddler Gym\Tot Club 3:30 – 6:30 Taekwondo	14 Kids Rec Center Takeover: 5-8pm
15	16 6:30 – 7:30 HIIT Marisa 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 3:30-6:30 Archery 6:30-7:30- Whole Health	17 6:30-7:30 Core and More Marisa 8:30-9:30- REV+FLOW 4:15-6:00 Youth Basketball	18 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 3:30-6:30 Archery 6:30-7:30- Whole Health	19 6:30 – 7:30 Mountain Mobility Marisa 8:30-9:30- REV+FLOW 4:15-6:00 Youth Basketball	20 6:30 – 7:30 HIIT Marisa 10:00-1:00 Toddler Gym\Tot Club 3:30 – 6:30 Taekwondo	21 JHHS Swim Meet: Gym A – 7am – 3pm
22	23 6:30 – 7:30 HIIT Marisa 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 3:30-6:30 Archery 6:30-7:30- Whole Health	24 6:30-7:30 Core and More Marisa 8:30-9:30- REV+FLOW 4:15-6:00 Youth Basketball	25 6:30 – 7:30 HIIT 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 3:30-6:30 Archery 6:30-7:30- Whole Health	26 6:30-7:30 Core and More Marisa 8:30-9:30- REV+FLOW 4:15-6:00 Youth Basketball	27 6:30 – 7:30 HIIT Marisa 10:00-1:00 Toddler Gym\Tot Club 3:30 – 6:30 Taekwondo	28
29	30 6:30 – 7:30 HIIT Marisa 8:30-9:30 – ReFit 10:00-1:00 Toddler Gym\Tot Club 3:30-6:30 Archery 6:30-7:30- Whole Health					